NOVEMBER

cooking challenge

Kids Edition

PUMPKIN MUG CAKE

- [ ] 1/4 cup all-purpose flour
- [ ] 3 Tablespoons granulated sugar
- [ ] 1/8 teaspoon ground cinnamon
- [ ] 1/4 teaspoon pumpkin pie spice
- [ ] 1/4 teaspoon baking powder
- [ ] Pinch of salt
- [ ] 2 Tablespoons milk
- [ ] 1 Tablespoon canned pumpkin
- [ ] 1 Tablespoon melted butter
- [ ] dash of vanilla extract
- [ ] 1 Tablespoon chocolate chips, if desired, or serve with a dollop of whipped cream

INSTRUCTIONS:

STEP 1: Mix Together

1/4 cup flour + 3 TBSP sugar + 1/8 tsp cinnamon + 1/4 tsp pumpkin pie spice + 1/4 tsp baking powder + pinch of salt

STEP 2: Stir in

2 TBSP milk + 1 TBSP pumpkin + 1 TBSP melted butter + dash of vanilla + 1 TBSP chocolate chips

STEP 3: Cook in microwave

70 to 90 seconds

(cook until cake is just set, but still barely shiny on top) Allow to rest in microwave for 1 minute before consuming.

OPTIONAL: add a dollop of whipped cream

Tastes Better from Scratch