



## MONDAY



**Manicotti**  
\$15.69

## TUESDAY



**Italian Grilled Cheese**  
\$4.55

## WEDNESDAY



**Southwest Tortellini  
Pasta Salad**  
\$13.99

## THURSDAY



**Hummus Edamame  
Veggie Wrap**  
\$9.79

## FRIDAY



**Roasted Tomato Basil  
Soup**  
\$18.73

Estimated Total: \$62.75

### Produce:

Garlic Cloves (9)  
Parsley Leaves (2 Tbsp)  
Basil leaves (2 1/2 cups)  
Corn (1 cup)  
Red Bell Pepper (1)  
Avocados (3)  
Cherry Tomatoes (1 1/2 cups)  
Red Onion (1/4 cup)  
Cilantro (1/4 cup)  
Lime (2)  
Baby Spinach Leaves (2 cups)  
Carrots (1 1/2)  
Cucumber (1 cup)  
Plum Tomatoes (3 lbs)  
Yellow Onion (2 small)  
Desired Veggies for Hummus Wrap

### Canned Goods:

Crushed Tomatoes (2 - 28 oz)  
Marinara (1 cup)  
Black Beans (15 oz)  
Whole Plum Tomatoes (28 oz)  
Vegetable Broth (4 cups)

### Pantry:

Extra Virgin Olive Oil (1/2 cup)  
Olive Oil (3 Tbsp)  
Rice Vinegar (2 Tbsp)  
Sugar (1 tsp)

### Refrigerated:

Ricotta Cheese (3 cups)  
Parmesan Cheese (4 oz)  
Shredded Mozzarella Cheese (8 oz)  
Cheese (8 oz)  
Eggs (2 large)  
Mozzarella Cheese (8 thin slices)  
Cheddar Cheese (8 thin slices)  
Three Cheese Tortellini (20 oz)  
Hummus (3/4 cup)  
Edamame (1 1/3 cup)  
Butter (2 Tbsp)

### Bread & Grains:

Crusty Artisan Bread (8 slices)  
Flour Tortillas (4 large)  
No-Boil Lasagna Noodles (16)

### Seasonings:

Crushed Red Pepper Flakes  
Basil  
Parsley  
Chili Powder  
Cumin  
Thyme  
Salt & Pepper

**Tastes Better  
from Scratch™**

Want to swap out a recipe or add a side? Add this meal plan to your collection! **Register** for a free account or **login** to get started!