



**MONDAY**



**Cheese Enchiladas**  
\$9.38

**TUESDAY**



**Drunken Noodles**  
\$12.67

**WEDNESDAY**



**Spring Roll Bowl**  
\$16.08

**THURSDAY**



**Massaman Curry**  
\$20.64

**FRIDAY**



**Waldorf Salad**  
\$10.90

Estimated Total: \$69.67

**Produce:**

- Avocado (1)
- Bell Pepper (1)
- Boston Bib Lettuce
- Cabbage (1 cup)
- Carrot (5 large)
- Celery (1 rib)
- Garlic Cloves (5 large)
- English Cucumber (1)
- Basil Leaves (1/3 cup)
- Cilantro (1/3 cup + for garnish)
- Minced Ginger (2 1/2 tsp)
- Mint Leaves (1/3 cup)
- Thai Holy Basil Leaves or Regular Basil (1 cup)
- Garlic (2 tsp)
- Green Apple (1)
- Green Bell Pepper (1)
- Green Onion (2)
- Gold Potatoes (2 medium)
- Mango (1)
- Red Apple (1)
- Red Seedless Grapes (1 cup)
- Roma Tomatoes (1)
- Serrano Peppers (2)
- Shallots (2)
- Onion (1/2)
- Zucchini (1)
- Lime (1)

**Pantry:**

- Brown Sugar (2 Tbsp + 2 tsp)
- Creamy Peanut Butter (1/2 cup + 1 Tbsp)
- Dry Roasted Peanuts (2/3 cup)
- Fish Sauce (4 tsp)
- Golden Raisins (1/4 cup)
- Sugar (1 tsp)
- Hoisin Sauce (2 Tbsp)
- Low Sodium Soy Sauce (2/3 cup)
- Mayonnaise (1/3 cup)
- Massaman Curry Paste (4 oz)
- Oyster Sauce (3 Tbsp)
- Red Wine Vinegar (2 Tbsp + 1 tsp)
- Sesame Oil (2 Tbsp)
- Sriracha Hot Sauce (2 tsp)
- Sweet Chili Sauce (1/2 cup)
- Olive Oil (2 Tbsp)
- Thai Red Chili Paste (1 tsp)
- Walnut Halves (1/3 cup)
- Peanuts (1/2 cup)

**Protein:**

- Tofu (Massaman Curry & Drunken Noodles)

**Bread & Grains:**

- Dry Rice Noodles (14 oz)
- White Corn Tortillas (12)
- Wide Rice Noodles (8 oz)

**Canned Goods:**

- Red Enchilada Sauce (20 oz)
- Coconut Milk (2 - 13.5 oz cans)

**Refrigerated:**

- Crumbled Cotija Cheese (1/4 cup)
- Shredded Cheddar Cheese (5 cups)
- Sour Cream

**Seasonings:**

- Salt & Pepper



Want to swap out a recipe or add a side? Add this meal plan to your collection! **Register** for a free account or **login** to get started!