



Braised Short Ribs \$31.12



Mashed Potatoes \$4.91



French Green Beans \$5.60



Fruit Salad \$17.66



Artisan No Knead Bread \$1.14

Estimated Total: \$70.20

Produce:

Carrots (3)

French Green Beans (1 lb)

Blueberries (1 pt)

Mint Leaves

Pineapple (2 cups)

Raspberries (1 pt)

Rosemary (2 sprigs)

Strawberries (1 pt)

Thyme (2 sprigs)

Grapes (2 cups)

Lemon Juice (1 tsp)

Orange (1)

Russet Potatoes (5 medium)

Shallot (1)

Yellow Onion (1)

Protein:

Beef Short Ribs (8 whole)

Canned Goods:

Unsweetened Coconut Milk (13.5 oz) Crushed Pineapple (20 oz can) Evaporated Milk (1 1/4 cup) Coconut Milk (3 Tbsp) Low-Sodium Beef Broth (2 1/2 cup) Tomato Paste (2 Tbsp)

Pantry:

Active Dry Yeast (1/2 tsp)
All-Purpose Flour (5 1/4 cup)
Baking Powder (1 Tbsp)
Chicken Bouillon Paste (1 tsp)
Coconut Extract (1 1/2 tsp)
Cornstarch (2 Tbsp)
Dry Red Wine (1 cup)
Sugar (2 2/3 cup)
Olive Oil (3 Tbsp)
Powdered Sugar (4 cups)
Shredded Sweetened Coconut (1 cup)

Refrigerated:

Butter (3/4 cup + 3 Tbsp) Cream Cheese (8 oz) Egg Whites (5 large) Sour Cream (1/4 cup) Unsalted Butter (1/2 cup)

Seasonings:

Coarse Sea Salt Salt & Pepper

DESSERT



Coconut Cake \$9.77

Want to swap out a recipe or add a side? Add this meal plan to your collection! **Register** for a free account or **login** to get started!

