



## MONDAY



**One Pan Baked Ziti**  
\$6.26

## TUESDAY



**Slow Cooker King Ranch Chicken Soup**  
\$11.59

## WEDNESDAY



**Thai Chicken Lettuce Wraps**  
\$9.33

## THURSDAY



**General Tso's Chicken**  
\$11.20

## FRIDAY



**Pesto Veggie Pizza**  
\$14.15

Estimated Total: \$52.23

### Produce:

Garlic Cloves (12)  
Jalapeno (1 medium)  
Cilantro (1 bunch)  
Sweet Onion (1/2)  
Carrot (1)  
Cabbage (1/2 cup)  
Green Onion (3)  
Ginger (1/4 tsp)  
Romaine Lettuce or Boston Bib (Lettuce Wraps)

Topping Options - Veggie Pizza:  
Baby Spinach, Zucchini, Green Onion, Red Bell Pepper, Tomato

### Refrigerated:

Half & Half or Heavy Cream (1/2 cup)  
Parmesan Cheese (3/4 cup)  
Mozzarella Cheese (2 cups)  
Butter (8 Tbsp)  
Shredded Cheese - Cheddar, Mexican or Colby Jack (2 cups)  
Eggs (2 egg whites)

### Pantry:

Olive Oil  
Canola Oil  
Flour (3 cups)  
Crunchy Peanut Butter (1 Tbsp)  
Soy Sauce (7 Tbsp)  
Rice Vinegar (6 Tbsp)  
Cornstarch (1/2 cup)  
Light Brown Sugar (4 Tbsp)  
Sugar (3/4 tsp)  
Sweet Chili Sauce (1/3 cup - in Asian Isle)  
Hoisin Sauce (2/3 cup)  
Fleischmann's Pizza Yeast (1 envelope)  
Pesto Sauce (1/2 cup)

### Canned Goods:

Diced Tomatoes (1 - 15 oz can)  
Diced Tomatoes with Green Chilies (1 - 10 oz. can)  
Tomato Sauce (1 - 8 oz. can)  
Chicken Broth (4 cups)

### Seasonings:

Red Pepper Flakes  
Dried Basil  
Oregano  
Chili Powder  
Cumin  
Garlic Powder  
Ground Ginger  
Salt & Pepper

### Bread & Grains:

Ziti or Similar Pasta (12 oz)  
Tortilla Chips (for serving with soup)

### Protein:

Ground Italian Sausage (1/2 lb)  
Chicken Breasts (5-6)

**Tastes Better  
from Scratch™**

Want to swap out a recipe or add a side? Add this meal plan to your collection! **Register** for a free account or **login** to get started!