



# Tastes Better from Scratch™

<p>Monday: <a href="#">Cheeseburger Salad</a> \$14.15</p>	<p style="text-align: center;"><u>Produce</u></p> <p>Lemon (2) Basil pesto (1 cup) Cherry tomatoes (2 cups) Mini cucumbers (2) Red onion (¼ large) Fresh cilantro (to tastes) Mixed green lettuce (5-6 cups) Tomatoes (1-2) Onion (½ small) Avocado (1 plus extra for serving with tacos if desired) Garlic (4 cloves) Cilantro (½ cup) Lime (2) Orange (½)</p>	<p style="text-align: center;"><u>Bread/Grains</u></p> <p>Breadcrumbs (¼ cup) Farfalle (8 oz.) <a href="#">Dough</a> for one large pizza White corn tortillas (10) <a href="#">Mexican Rice</a> (for serving with tacos)</p>	<p style="text-align: center;"><u>Meat</u></p> <p>Chicken (1 lb.) Cooked chicken (1 ½ cups) <a href="#">Hamburger patties</a> (4) Flank steak (1 ½ lbs.)</p>
<p>Tuesday: <a href="#">Creamy Lemon Chicken Piccata</a> \$14.32</p>			<p style="text-align: center;"><u>Spices</u></p> <p>Salt and pepper Chili powder Cumin</p>
<p>Wednesday: <a href="#">Carne Asada Tacos</a> \$18.89</p>		<p style="text-align: center;"><u>Other</u></p> <p>Capers (¼ cup) <b>Hot cooked pasta or <a href="#">mashed potatoes</a> for serving with <a href="#">Chicken Piccata</a></b> <a href="#">Barbecue sauce</a> (½ cup plus 2 tsp) Dill pickles (2) Mayonnaise (½ cup) Mustard (2 Tbsp.) Ketchup (2-3 Tbsp.) <a href="#">Pico de Gallo</a> or salsa (for serving) Valentina hot sauce (optional for topping)</p>	<p style="text-align: center;"><u>Refrigerated</u></p> <p>Egg (1) Butter (2 Tbsp.) Heavy whipping cream (¾ cup) Fresh mozzarella cheese (3 oz) Parmesan (¼ cup grated) Mozzarella (2 cups shredded) Cheddar cheese (4 slices plus more for topping of salad)</p>
<p>Thursday: <a href="#">Pesto Pasta Salad</a> \$12.36</p>			<p style="text-align: center;"><u>Canned Goods</u></p> <p>Chicken broth (1 cup)</p>
<p>Friday: <a href="#">BBQ Chicken Pizza</a> \$10.26</p>			<p style="text-align: center;"><u>Pantry Staples</u></p> <p>Flour (¼ cup) Olive oil Vinegar (3 Tbsp.)</p>
<p><b>Weekly Total: \$69.98</b></p>			