

Grocery Shopping List Week 51

Monday: Sheet Pan Fajitas \$13.85	<u>Produce</u> Bell peppers (4, assorted colors) Green bell pepper (1/2) Yellow onions (2) Onion (2) Garlic (10 cloves) Celery (2 ribs) Lime (1 + 1 Tbs. lime juice) Cilantro (1/4 cup) Fresh parsley leaves (2 tablespoons) Corn (1 cup frozen) Cilantro (1/4 cup)	<u>Bread/Grains</u> Small flour tortillas (8-10) Penne pasta (4 cups) Breadcrumbs (1/2 cup) Egg noodles or rice for serving with Swedish meatballs.	<u>Meat</u> Chicken breasts (about 6) Ground beef (2 lbs.) Pork sausage (1 1/2 lb.) Pepperoni (4 oz.)
Tuesday: Pizza Casserole \$14.12	<u>Refrigerated</u> Freshly grated parmesan cheese (1/2 cup) Shredded mozzarella cheese (1-2 cups) Eggs (4 large) Butter (1/4 cup unsalted) Sour cream (3/4 cup) Milk (2 cups)	<u>Pantry Staples</u> Oil (6 tablespoons canola or vegetable) Olive oil (3 tablespoons) All-purpose flour (2 1/2 cups) Yellow cornmeal (1 1/4 cups) Baking powder (1 Tablespoon) Granulated sugar (1 tsp)	<u>Spices</u> Chili powder Paprika Cumin Onion powder Garlic powder Dried oregano leaves Cayenne pepper Allspice (1/4 tsp) Nutmeg (1/4 tsp) Salt and pepper
Wednesday: Swedish Meatballs		<u>Canned Goods</u> Sliced mushrooms (1 can) Sliced olives (1 can) Marinara pasta sauce (24 oz. jar or homemade) Beef broth (3 3/4 cup) Diced tomatoes (14.5 oz can) Mild green chilies (4 oz can) Black beans (15 oz can)	<u>Other</u> Desired fajita, soup, and chili toppings (sour cream, cheese, avocado, guac, pico, cilantro, etc.) Chili (4 cups of your favorite kind)
Thursday: Cornbread Waffles & Chili \$21.05			
Friday: Chicken Tortilla Soup \$12.82			