Tastes Better from SCRATCH

Monday:
Easy Cajun Chicken Pasta
$6.82

Tuesday:
Creamy Zuppa Toscana
$17.98

Wednesday:
Slow Cooker Chicken Tacos
$4.67

Thursday:
One Pan Jambalaya
$10.53

Friday:
Breakfast Quesadilla
$6.83

Weekly Total: $46.83

Produce
Bell Pepper (1)
Celery (3 ribs)
Chopped Kale (3 cups)
Lime Juice (3 tsp.)
Garlic (8 cloves)
Green Onion (3)
Onion (2)
Russet Potatoes (2 large)

Refrigerated
Butter (4 Tbs.)
Cheddar Cheese (8 oz.)
Cream Cheese (4 oz.)
Egg (6)
Grated Parmesan (3/4 cup)
Heavy Whipping Cream (1 ½ cups)
Milk (1 cup)

Bread/Grains
Farfalle Pasta (8 oz.)
Flour Tortillas (8 large)
Long Grain White Rice (1 cup)

Pantry Staples
Flour
Sugar
Oil

Canned Goods
Diced Tomatoes (14.5 oz. can)
Chicken Broth (7 cups)

Other
Fresh vegetables (Optional for cajun pasta)
Italian Salad Dressing (1/3 cup)
Salsa, Sour Cream, Guacamole (optional toppings)

Meat
Andouille Sausage (1 lb.)
Bacon (11 slices)
Chicken Breasts (2 ½ Lbs.)
Hot Ground Italian Sausage (1 Lb.)

Spices
Cajun Seasoning
Chili Powder
Crushed Red Pepper Flake
Cumin
Basil
Salt & Pepper
Garlic Powder
Onion Powder
Paprika