Tastes Better from SCRATCH

Monday:

Penne Alla Vodka

\$4.73

Tuesday:

Pesto Chicken Caprese

Flatbread \$8.48

Wednesday:

Slow Cooker Creamy

Ranch Pork Chops

\$10.44

Thursday:

Thai Basil Chicken

\$7.62

Friday:

Vegetable Tortellini

Soup

\$5.87

Weekly Total: \$37.14

Produce

Bell Pepper (2)

Celery (2 ribs)

Cherry Tomatoes (1 cup)

Fresh Basil Leaves (1 cup +

extra for serving)

Ginger (1 Tbs.)

Garlic (11 cloves)

Shallots (2)

Yellow Onion (1 ½)

Spices

Bay Leaves (2)

Basil

Dill

Oregano

Parsley

Rosemary

Garlic Powder

Italian Seasoning

Onion Powder

Salt & Pepper

Red Pepper Flakes

Bread/Grains

Cooked Jasmine Rice

Flatbread (2 large)

Penne Pasta (12 oz.)

<u>Other</u>

Extra veggies (optional)

Asian Garlic Chili Sauce (2 Tbs.)

Better than bouillon veggie

base (2 tsp.)

Fish Sauce (1 Tbs.)

Oyster Sauce (3 tsp.)

Vodka (1/2 cup)

Canned Goods

Cream of Chicken Soup (1,

10.5 oz. can)

Cream of Mushroom Soup

(10.5 oz can)

Diced Tomatoes (14.5 oz. can)

Chicken Broth (1/2 cup)

Pesto Sauce (1 Tbs.)

Vegetable Broth (4 cups)

Whole Peeled Plum Tomatoes

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(28 oz. can)

Refrigerated

Butter (2 Tbs.)

Cheese Tortellini (10 oz.)

Mozzarella Cheese (4 oz.)

Parmesan Cheeses (3/4 cup)

Frozen mixed carrots, peas,

corn, green beans (2 cups)

Heavy Cream (1/2 cup)

Milk (1 cup)

Pantry Staples

Balsamic Vinegar (for drizzle)

Brown Sugar

Chicken Bullion Cubes (2)

Cornstarch

Soy Sauce (1/4 cup)

Oil (2 Tbs.)

Olive Oil (3 Tbs.)

Meat

Cooked Chicken (1/2 cup)

Ground Chicken (1 Lb.)

Pork Chops (4)